

Please note – surnames and names of schools have been deleted or altered to protect the girls' privacy.

Received by email 27/7/2007

Dear danni,

my name is Courtney. yesterday you visited my school: i was completely and totally inspired about the way you really care about girls. and i have been thinking about starting a program like this on my own once i leave school, i'm very interested in helping out girls, because alot of my friends are not very happy with the way they look, or they simply lack confidence and self-esteem. i was wondering if you could tell me what a have to do to start a program of my own when i'm old enough because i think you did an absolutely wonderful job the other day, i left feeling, very confident and i have always believed that girls should be happy and proud of who they are, now alot of other girls know that to. i think you and mel are great, and i would be absolutely thrilled if you came back to our school again! maybe next year i could do work experience at enlighten education, that would be really good and helpful. what sort of things did you do have to do when you finished school to start up enlighten education? did you have to go to uni? and if so what courses did you have to do? it will be an absolute great help if you could help me out with this, because i'm extremely passionate about having a job just like you one day. thanks alot for reading this!

Courtney, year nine.

Postcard – September 2007

Heya!!

Firstly I'd like to say how much fun I had on year 8 day when you came to It was AWSUM!!

After the sessions with you, I had lots self confidence. This is a big thing for me cuz I never ever hav self confidence, I always think I'm too ugly or I'm too fat. But after your session I had so much self belief in myself I stood up to my mum and told her I wanted skinny leg jeans (b.t.w. my mum has always thought my legs were to fat to wear skinny leg jeans, because I am meatier than most girls.) Anyway, this morning on Saturday the 1st of September I bought my first pair of skinny leg jeans, this is also a big thing because I probably haven't worn tight jeans since I was like 7! and tonight Im going to a sleepover/party thing and im gonna wear my new jeans and I won't care if people think I look fat in them. Afterall they have no right to judge me unless they know me. ☺

Anyway, really I just wanted to say thankyou. Since I was 10 I have always been so wrapped up in my body image, but now I finally understand what all my friends have been trying to tell me, I'm fine the way I are, this is me.

So THANKYOU, and I hope you come back to our school again.

XoXoX



Dear Danielle

My name is Airlie [redacted] and I live in the ACT. You visited my school, [redacted] recently and I am just writing to tell you how inspired I was by your workshop. I am in year 8 and I am loving life to the full.

I have beautiful and inspiring friends that encourage and support me, and a loving family that do the same.

I know I am lucky, as many young teenage girls do not have the same circumstances as me and I really wish that all girls my age would stop trying to change how they look and who they are.


Everyone is different, and girls should just accept that and stop trying to be like everyone else.

I am so pleased that you are doing something to help girls, because we need it. We are portrayed a certain way, and everyone is expected to act like that.

I am so sick of the media referring to teenage girls as bimbos and sex objects. I wish girls would speak up and tell the world who they really are, and you are encouraging us to do that very thing. I love my life, am proud of myself and I believe in my faiths and what I do. I hope that in the future, more girls will do the same thing.

Keep this up, it is a beautiful thing you are doing and I wish you all the best with it.

Love Airlie

P.S. Girls rule 



Received by email – 11/9/2007.

Hey!

My name's Alannah and i would just like to thank you for the wonderful work you did at our school (in Adelaide) last week.

I learnt so much from you about being safe, feeling good about myself and finding my inner amazon.

You helped me to overcome some issues i was facing and now i feel so much better!

Thank you once again for the help and care you have given me.

With Love,

**Lana **

Received via email – 7/9/2007:

Hello, this is Isabella from Adelaide.

After being involved in your program I visited your website "enlightenededucation.com." I found your email address on the website and I thought that I should email you to thank you for all your hard work and effort that you put into the presentation of your program. I personally loved what you shared with us. I must say that Danny and Jane, you are fantastic lovely people! I honestly felt so close and warm to each of you and I felt as if I had known you for a long time. You each shared so much about yourselves and your experiences with me and my class mates which made me feel close to you and special because your were both willing to share all the stories you had with everyone. Thank you for being there for girls worldwide. I believe that you are making a difference because I know that you made me feel extra good about myself. (i'm sure others felt the same way.) When I went home that night I lit the beautiful butterfly candles you gave us (thank you....) and I looked at my self in the mirror and told myself exactly what Danny had said to do,

"Ill be alright, Il be ok...." "I AM BEAUTIFUL!"

You made me feel fantastic and I will never forget what you told me about appreciating who you are. You are both wonderful beautiful people, I will never forget you. Thank you, thank you, thank you!

Love Isabella xoxo

P.S

The song that Jane had played during the meditation, "Will you remember me" I went home that night and downloaded it, and I absolutely love the song, it's on my ipod now! xo

Received via email 14th September 2007

Dear Sonia

On Friday the 14th of September you came to my school in Melbourne and you just made those Girls smile, laugh and be the young funny girls they are including me!

Over the years I have been stuck in a mind of a peasant but I know who I really am and life would be so boring if I was someone I did not know. If everyone was like you the world would be perfect but everyone has a something about them that shines and that's what makes them who they are and what I see you as is someone who cares about other people and that's a great character to have.

You and me are very alike which I saw on Friday, but what I mean is my heart is out there and I was connected with you the first time I talked to you cause you just put a smile on my face.

God be with you Sonia, may he bless you and your program cause all this world needs is someone to step out and change it with the help of the Lord.

Love always, in my Prayers

Bethany xoxo

