



Wake Up Sleeping Beauty

Helping our daughters move beyond their concerns with body image and cliques.

This workshop will argue that our young women will not be able to realise their academic or leadership potential until we can help them address the all pervading concern they currently have with body image, and their record low levels of self esteem. By entering their world, and engaging them using mediums they are familiar with there are opportunities to facilitate *meaningful* conversations around identity and help our girls deconstruct the negative images they are bombarded with.

The workshop will also challenge women in particular to use their buying power and voices to show what we will and will not accept for our girls and re envision a world where females with merit grace magazine covers rather than the train crash that is "young Hollywood."

It is time for the Princesses to awaken, and for the Queens to defend the castle.

enlighten
education

education innovation exploration

enlighten education – our Organisation

enlighten education is an Australian program written specifically for Australian students. It has been developed by a team of teachers with vast experience in educating girls, student welfare and in engaging young people with their learning. Many of the team also have degrees specialising in psychology and counseling.

The programs were initiated in NSW and are featured in many of Sydney's top schools. **enlighten** now works nationally.

Extensive evaluations collated from students, and follow up studies with client schools, clearly indicate the programs' effectiveness.



Dannielle Miller,

(B.Ed., Grad.Cert. Mgmt., Cert. IV Assessment and Workplace Training).

Dannielle is a well respected and experienced educator who is committed to empowering young people to reach their full potential.

The positions of responsibility held at a school level include English Coordinator and Students at Risk Coordinator. She has also worked as the Full Service Schools Coordinator for Western Sydney (assisting government, catholic and independent schools to design and deliver curriculum aimed at reengaging students at risk to their studies), and was the founder of the 'Lighthouse Project' which combines mentoring with the development of employability skills in young people.

Recent achievements include developing and managing an enterprise education initiative. She has been responsible for training key teaching staff in how to foster entrepreneurial skills in students, has developed and facilitated parent training programs, and has written an enterprise learning course for Board of Studies accreditation for the NSW HSC. Her work in student welfare and enterprise education has been featured in many education journals and has made her a popular speaker at various national conferences and forums.

Her experiences within **enlighten** include working with thousands of teenage girls across Australia, and with the media as a guest expert on teen issues.