



Workshop Title:	poor	good	very good	excellent	% who thought the workshop was either very good or excellent.
Style File	4%	16%	40%	40%	80%
Stop I Don't Like It	0%	15%	24%	61%	85%
Get it Together	0%	8%	38%	54%	92%
Forever Friends	0%	5%	21%	74%	95%
Love the Skin You're In	0%	4%	12%	84%	96%

Would you recommend this program to other girls?

100% - YES

Comments included:

- Well I didn't know what to expect, I had no clue what it was going to be about, but it was really fun and educational and it was just inspirational! Marilyn Valmas
- I learnt to be aware of your self talk, stand up for yourself, be happy and appreciate my friends. THANK YOU! Fotini K
- I thought it would be one of those cheesy "you've got to boost your self esteem" programs but it wasn't. I liked the bit where we realised how fake everything out there really is, I liked how GENUINE this was. You taught me there are many girls just like me, that there are women out here who take the time and care about us, and that all of us are special. Thank you VERY much. Epitna
- The best part was getting all the affirmation cards as they reassure me about me, thank you for convincing me that I am who I am. Marina
- I loved being able to strengthen a friendship with a friend I thought I had lost. I have struggled since I was 6 with weight and body image but yesterday, I felt healed and ready to get even more healed. I haven't eaten for a week in an attempt to be beautiful and now I know that this is not even important. You guys have helped me greatly! K.
- Thank you Danni and Fran this was the best day EVER!!! Renee
- Believe in yourself, don't let others bring you down, have a MIND of your own. Thank you for taking the time to come I learnt so many new things. YOU ARE FANTASTIC! Vicki
- I will miss you, Loved everything. Adrianna
- You taught me that we are all unique, not to be ashamed and that we all have potential. Thank you. Marianna

- I thought it would be boring but it was life changing and fun. Elend
- I really like dhow you guys made me feel good about myself. Thank you for believing in us. Angelique
- The Detox Diary idea is soooooo awesome! I am sooooooooooooo doing it! Ritta
- I thought it would be boring and that you would lecture us the whole time but I got to know people I have never met at my school, and learnt that every girl is beautiful. ☺ Lucy
- Danni you're such a sweet person! The people you surround yourself with are really lucky to be around you☺ . You taught me to be positive, to accept myself and made me teary. ☺ Sarah
- It was so amazing, I am in charge! Everyone makes mistakes and no one is perfect. Thank you for a great day. Stephanie
- Everything I learnt I will incorporate into my life, it was a lot of fun, very informative and so inspiring! Victoria.
- I was really looking forward to today but it turned out to be much better than I even expected! I have walked away with a much improved attitude about myself, I can honesty say I enjoyed every moment of today's program, every session had a huge impact on me and I can't possibly pick a favorite! Samantha Stillianesis
- I thought it would be a day out of school to have fun and learn nothing – I was so wrong! I really loved everything, it was so inspirational. I loved Danni's story and the Stop I Don't Like It part. I learnt to be strong like and Amazon and to appreciate myself and every girl. Metaxia Kokkinos
- You made me feel so included and happy with who I really am. I just loved being with these women! Chrissie
- You run a great program and I support you 100%, every workshop you do is so good and so important. Estelle Costi
- I loved it when we were all holding hands and bonded and we were all hugging. Lina Papapetros
- I learnt I am gorgeous, I will raise my voice! We should all stick together. Dionne
- I loved it when we all got in groups and expressed our true, beautiful feelings towards each other, and even toward some girls we didn't know each other. It was absolutely wonderful, I love you guys! Angie Epsimaris
- It brought us girl closer together, even girls I didn't know before. I LOVED IT!! Thank you soooo much. Kristina
- It was fantastic and motivated me to feel so good about myself. Liana Tsoulos
- Style File had mad ideas! You taught me not to be a bitch. Maria
- The Friends activity made everyone feel happier. I learnt to respect my needs and everyone else's and not to compare myself to others. The presenters were great people. Dimitra
- It was touching and appealed to me the most of everything I've ever done, you taught me to find good friends and cherish them, to stop everyday and say positive, nice things to myself and to love myself. Thanks so much. Love you. Rodanthi M
- I have the potential to achieve anything! The way you look isn't who you are. Paris
- My fave part was when we got to write nice things about others because it made me feel good getting the compliments, but really everything inspired me to be comfortable with who I really am! Georgina
- Be happy and beautiful to yourself and other people and you will look that way too! It was excellent. Jackie

- It was extremely good!! Everything was so good and so inspirational, I see now. Thank you x 3. Timoclea
- Loved it! Especially the hugging! I am not going to be quiet if I am not comfortable with something and I will not judge others. Stavroula
- You guys are great! Bravo! Two thumbs up! Paryss
- This was a day that helped show us who we are inside. It made me open up. Peta
- You're beautiful. You're inspirational. Thank you. Dim'
- When Danni was open about her past experiences, it encouraged me to be the same. Jennifer
- When we got into circles I met some people I thought were so different to me and they now understand what I am really like and I can just be myself. ☺ Patrice
- Thank you – just loved Style File and everything else! Christina
- You should do this presentation for adults. They need to love themselves too. Tina K
- WE all got a chance to be a part of each other and have fun. Simone
- I feel very pretty. Mariah
- THANK you so much, this meant so much to me. It taught me to believe in myself, be strong, think positively, to love and care for others and that we are beautiful girls. Angie
- It was honest and realistic. Thank you. Helene
- Every girl is beautiful inside and out, we should stick together. Dyann