

16th November 2007
DAY 2

Dear Lucy,

I am just so pleased with this outcome! Your girls were so very attentive and engaged. I loved them!

Workshop Title:	Poor	good	very good	excellent	% who thought the workshop was either very good or excellent.
Forever Friends	0%	0%	13%	87%	100%
Get the Look Right	0%	3%	6%	94%	100%
Wake Up Sleeping Beauty	0%	3%	11%	86%	97%

Would you recommend this program to other students?

No – 0%

Yes – 100%

Again, the girls also took the time to write quite lengthy comments. They had so many wonderful, positive things to say:

- The other group told me they felt so great and I didn't get how anything could be sooo good as they kept saying it was but I get it now! ☺ I learnt not to change to fit the media's ideal images, to love me for who I am, to respect myself and others, and not to hide behind make up. Thank you. ☺ Cassie
- OK – BEST DAY OF MY LIFE! Loved every single bit of it. Don't change anything – you taught me I am beautiful, no one is more beautiful than someone else (it is not a competition!) self confidence and how to be a better friend. Stefanie
- I loved all of it, there was not one point where I thought it was boring. I had an awesome time and got heaps out of it. Thank you so much. ☺ Lara
- I loved when we closed our eyes and put up our hand then looked around bit as it showed me I am not alone. Thank you so much, I learnt heaps and had fun. I learnt how to deal with my insecurities and problems I have with my friends, and that I should stop letting other people's words affect me so much and take compliments. Eloise
- I thought it would be boring and pointless but it was all great! I learnt we all have VALUE. Sarah Brady
- I loved it! Danni was so cute and I want a Danni to take home! ☺ I loved every single bit of today as it was great to have girly time and learn about self talk, what to do when we are having fights with friends, and to accept each other's differences. Mimi
- I loved seeing everyone else's point of view and realizing that I am not alone. I am special! It was amazing. Zara
- I can't choose my favourite bit as I loved it all!! I absolutely loved it and I would love to work on this program with you, I think it is fantastic what you are doing and I have got some ideas myself. Erin
- I loved the beginning when you told us your story, I thought the day worked as it was fun and you were enthusiastic and you showed me that women and girls have low self esteem which

is like a disease we can cure and the smallest things may make the biggest differences now – like giving compliments. It was fun, sad, and enthusiastic – it was everything!!! Brianna-Lee

- I thought it would be a long formal talk like in careers but it was great! Forever Friends was my favourite because the information was relevant and useful. Irene
- FANTASTIC! I love the idea of natural beauty. Anon.
- I learnt so much from today and would recommend it to every girl. Larissa
- I loved the whole thing! It was sooo moving! Natalie
- I think good about myself, self esteem is higher. Elizabeth
- I thought it would be fun and it was. I learnt it doesn't matter what others think about you, that you shouldn't bring yourself down and that self confidence is essential. Caitlin
- You showed me that it is what is on the inside that counts and I love how you called us darlings. Shannon
- Don't hide behind makeup, don't over wear make up, love yourself, and respect others – very important messages and a great day. Jessica
- Great fun and I loved learning that our thoughts impact on our bodies over time. Alyce
- Forever Friends was my favourite it was very easy to relate to and it made me feel attached to Danni, oh it was a great course! You showed me to love myself, that everyone changes, to respect other's feelings, and that a lot of girls feel the same way. Bianca
- Everyone is beautiful, it was very self affirming. Vanessa
- I really liked everything about today, it was very different to anything we have ever had here at school. Thank you. Nageh
- I thought the whole day was really good as I was fully engaged throughout the whole thing as it was so interesting! I learnt to be assertive, confident, and not to put myself down. Thanks so much! Felicity
- I didn't think it would be anywhere near as good as it was. I loved the sharing of Danni's story as she made everything so special and personal AND this has been the most amazing experience of my life – thank you! Anon.
- EXCELLENT – everything was fun and it was great learning about issues and insecurities girls have and how to resolve them. Rachel
- I enjoyed everything we did today, it was very inspiring and made me feel more confident about myself. Anon.
- I thought it would be a bit clichéd in the way you would tell us to be positive, but it was NOT! Thank you so much for showing me how much I treasure my friendships. Stephanie
- It was fun! I loved it! You showed me I don't need a lot of makeup to look pretty, and that we are all unique and beautiful in our own ways and we just need to accept differences. Jessica
- I loved everything, especially as you were so confident and friendly (that shows us how we might like to be one day!). I loved talking about our friends as you could really relate to it. Sascha
- Danni is so cute and Mel is so pretty! I learnt minimal make up = pretty. Self talk is important, others opinions won't hurt you if you block them out and that everyone is unique and special. Accepting compliments is important too. Elle
- I thought it would be the same old stuff but all that you spoke about was so true!! AND just so relatable! You made me feel better about myself and it was fun. I'm important, no one else's comments matter, just your own. Every girl is a Princess. It was excellent, 10/10. Ashleigh
- Danni thanks to your amazing personality I walked away feeling very special. Girls rock! Caitlin

Thank you Lucy – it was a joy.

Danni

xxx